



What can you expect  
as a  
**Patient**  
and as a **Referring  
Physician?**

**As a patient**, you can expect an individualized treatment plan that includes the safest and least invasive treatment options made available through the latest technological advancements proven effective in acute and chronic pain.

**As a referring physician**, you can expect a reliable partner to work with you in diagnosing and providing therapeutic options for patients dealing with pain so that they can be more active.

## CONDITIONS TREATED

- **SPINAL PAIN**  
(cervical, thoracic, lumbar, sacral)
  - **CANCER PAIN**
  - **NON-SPINAL PAIN**
- Muscle strain
  - Radicular (shooting) pain and intercostal neuralgia
  - Facet joint arthropathy
  - Discogenic pain
  - Herniated ("ruptured") disc
  - Post-laminectomy syndrome (failed back surgery)
  - Cervicogenic headache
  - Arachnoiditis
  - Compression fractures
  - Central Pain Syndromes (post CVA, traumatic, phantom limb pain)
  - Post-herpetic neuralgia
  - Facial pain
  - Headache
  - Complex regional pain syndrome (RSD, Causalgia)
  - Torticollis, Myofascial pain
  - Fibromyalgia
  - Osteoarthritis / autoimmune arthritis
  - Diabetic / peripheral neuropathy

### New Jersey Pain Consultants

participates with the most popular health plans, including those listed below:

Horizon™ Blue Cross® Blue Shield®  
UnitedHealthCare® Oxford®  
Cigna®  
Health Net®  
CoreSource  
Qual Care, Inc.  
Procura Management Inc.  
Workman's Comp  
Auto/Personal Injury Protection



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[www.NJPainConsultants.com](http://www.NJPainConsultants.com)

**Other practice locations include:**

Morristown Memorial Hospital  
973-971-6824

**PATIENT LINE FOR EITHER LOCATION:**

**908-630-0175**

NEW JERSEY

**Pain Consultants**



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## Why is Comprehensive Care the Best Treatment Approach?

Through an interdisciplinary approach to pain management, we provide comprehensive evaluation of our patients, factoring in physical, functional, emotional, and psychological needs. The medical team at the **New Jersey Pain Consultants** consists of board-certified pain management physicians, nurse practitioners, registered nurses, x-ray technicians, and medical assistants. All members work together to formulate and implement a comprehensive treatment plan to reduce pain and improve function.

### GOALS OF TREATMENT

- Improving the patient's quality of life and function.
- Having all needs of a patient with pain treated in one location by many different professionals.
- Developing a coordinated, individualized treatment plan.
- Reducing suffering for the patient and family.
- Increasing activity levels of the pain patient with an active rehabilitation program.
- Decreasing depression, anxiety, and irritability.
- Helping the patient learn to control the pain rather than the pain controlling them.
- Reducing the cost of medical care by reducing hospitalizations and emergency room care.

# Reducing Pain, Restoring Function, and Improving Quality of Life for Patients in New Jersey Since 1992



- **EVALUATION/CONSULTATION**
- **PAIN MEDICATION ANALYSIS/MANAGEMENT**
- **INTERVENTIONAL MANAGEMENT**
  - Diagnostic Injections (Peripheral, Spinal)
  - Therapeutic Injections (Peripheral, Spinal)
  - Neurolysis (Radiofrequency, Chemical)
- **NEURO-AUGMENTATION**
  - Peripheral Nerve and Spinal Cord Stimulators

*Conscious sedation is offered on patient request for interventional procedures.*

### Michael E. Rudman, M.D.

Diplomate of the American Board of Anesthesiology with added qualifications in Pain Management

Fellowship in Pain Management at the Hospital of the University of Pennsylvania. Attending Physician at Morristown Memorial Hospital



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### Megan Filoramo, R.N., M.S.N., A.P.N.-C.

Certified Family Practice Nurse Practitioner, Master's Degree in Nursing Science received from Rutgers University in New Jersey University

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